



SPORTS MEDIA RELATIONS OFFICE ▶ 1337 LOWER CAMPUS ROAD ▶ HONOLULU, HI 96822 ▶ HAWAIIATHLETICS.COM

# RAINBOW WAHINE CROSS COUNTRY NEWS

Cross Country Contact: Michael Stambaugh ▶ mstambau@hawaii.edu ▶ (808) 956-9748

## 2016 SCHEDULE/RESULTS

Date	Event	Host	Location	Distance	Finish	Pts.	Top UH Finisher	Time	Place
A 27	BYU-Hawaii Invitational	BYU-Hawaii	La'ie, O'ahu	5K	1st (5)	21	Camille Campos	18:00	1st
S 3	Big Wave Invitational	Hawai'i	Kahuku, O'ahu	5K	2nd (5)	37	Camille Campos	17:48.90	1st
S 17	Sundodger Invitational	Washington	Seattle, Wash.	6K	3rd (6)	99	Camille Campos	21:08.80	10th
S 24	Hawai'i Pacific Invitational	Hawai'i Pacific	Kahuku, O'ahu	5K	N/A	N/A	Giovanna Casazza	20:28.0	10th
O 1	Capital Cross Challenge	Sacramento St.	Sacramento, Calif.	6K	7th (15)	188	Camille Campos	20:44.4	2nd
O 8	Chaminade Invitational	Chaminade	Honolulu, O'ahu	5K	N/A	N/A	Giovanna Casazza	20:36.0	15th
O 15	Bronco Invitational	Santa Clara	Santa Clara, Calif.	6K	8th (19)	188	Camille Campos	20:03.4	3rd
O 29	Big West Championships	Hawai'i	Kahuku, O'ahu	6K	5th (9)	124	Camille Campos	21:50.6	7th
N 11	NCAA West Regional	Sacramento St.	Sacramento, Calif.	6K	25th (35)	639	Camille Campos	20:25.9	36th

## 2016 ROSTER

Name	Ht.	Cl.	Hometown/Last School
Haley Beaumont	5-10	So.	Lockport, Ill./Lockport Township HS
Alison Bowman	5-11	So.	Asan, Guam/John F. Kennedy HS
Camille Campos	5-0	So.	Bakersfield, Calif./Stockdale HS
Giovanna Casazza	5-5	So.	Reno, Nev./Galena HS
Alli Cross	5-6	Sr.	Tualatin, Ore./Lane CC
Caitlyn Foss	5-6	Sr.	Peoria, Ariz./Mountain Ridge HS
Maddie Fuhrman	5-4	Fr.	Silverton, Ore./Silverton HS
Kai Hoshijo	5-5	So.	Honolulu, O'ahu/Seattle
Caitlyn Krueger	5-6	Fr.	Robbinsville, N.J./Robbinsville HS
Montana Martinez	5-0	Jr.	Harbor City, Calif./North Dakota State
Piper McDonald	5-5	So.	Bend, Ore./Summit HS
Tristan Setzer	5-5	So.	Sherwood Park, ALB, Canada/Salisbury Composite HS
^Emily Stack	5-3	Sr.	Brentwood, Tenn./Brentwood HS
Paige Sullivan	5-5	So.	Redondo Beach, Calif./Redondo Union HS
Lisa Tashiro	5-5	Fr.	Honolulu, O'ahu/Kaiser HS

**Head Track & Field Coach:** Carmyn James (16th Year)

**Cross Country Coach:** Tim Boyce (3rd Year)

**Volunteer Assistant Coach:** Casey Nishimura

^Inactive team member after first meet

## 2016 TOP 10 MARKS

### 5K RACES

Name	Time	Date
1. Camille Campos	17:48.90	9/3/16
2. Camille Campos	18:00.0	8/27/16
3. Montana Martinez	18:57.60	9/3/16
4. Alli Cross	19:07.0	8/27/16
5. Alli Cross	19:20.40	9/3/16
6. Maddie Fuhrman	19:27.0	8/27/16
7. Tristan Setzer	19:39.0	8/27/16
8. Tristan Setzer	19:40.20	9/3/16
9. Maddie Fuhrman	19:40.60	9/3/16
10. Haley Beaumont	19:56.70	9/3/16

### 6K RACES

Name	Time	Date
%1. Camille Campos	20:03.4	10/15/16
2. Camille Campos	20:25.9	11/11/16
3. Camille Campos	20:44.4	10/1/16
4. Montana Martinez	21:01.9	11/11/16
5. Camille Campos	21:08.8	9/17/16
6. Montana Martinez	21:13.1	10/15/16
7. Montana Martinez	21:19.0	10/1/16
8. Alli Cross	21:23.6	10/15/16
9. Camille Campos	21:50.6	10/29/16
10. Montana Martinez	22:00.6	9/17/16

\* ran as unattached

% program record mark at distance

## TEAM MEET-BY-MEET RESULTS

### BYU-HAWAI'I INVITATIONAL (5K)

**Aug. 27, La'ie, O'ahu**

**Team Finish:** 1st/21 pts.

1. Camille Campos	1st	18:00.0
2. Alli Cross	2nd	19:07.0
3. Maddie Fuhrman	4th	19:27.0
4. Tristan Setzer	5th	19:39.0
5. Caitlyn Foss	9th	20:09.0

### BIG WAVE INVITATIONAL (5K)

**Sept. 3, Kahuku, O'ahu**

**Team Finish:** 2nd/37 pts.

1. Camille Campos	1st	17:48.90
2. Montana Martinez	6th	18:57.60
3. Alli Cross	7th	19:20.40
4. Tristan Setzer	11th	19:40.20
5. Maddie Fuhrman	12th	19:40.60

### SUNDODGER INVITATIONAL (6K)

**Sept. 17, Seattle, Wash.**

**Team Finish:** 3rd/99 pts.

1. Camille Campos	10th	21:08.80
2. Montana Martinez	15th	22:00.60
3. Alli Cross	29th	22:40.10
4. Maddie Fuhrman	34th	22:51.00
5. Tristan Setzer	40th	23:11.60

### HAWAI'I PACIFIC INVITATIONAL (5K)

**Sept. 24, Kahuku, O'ahu**

**Team Finish:** N/A (NP)

1. Giovanna Casazza	10th	20:28.0
2. Caitlyn Krueger	21st	22:21.0
3. Paige Sullivan	25th	23:05.0
4. /		
5. /		

### CAPITAL CROSS CHALLENGE (5K)

**Oct. 1, Sacramento, Calif.**

**Team Finish:** 7th/188 pts.

1. Camille Campos	2nd	20:44.4
2. Montana Martinez	20th	21:19.0
3. Alli Cross	73rd	22:09.6
4. Tristan Setzer	99th	22:38.7
5. Maddie Fuhrman	103rd	22:42.4

### CHAMINADE INVITATIONAL (5K)

**Oct. 8, Honolulu, O'ahu**

**Team Finish:** N/A (NP)

1. Giovanna Casazza	15th	20:36.0
2. Lisa Tashiro	18th	21:04.0
3. Caitlyn Krueger	21st	21:34.0
4. Paige Sullivan	25th	22:44.0
5. /		

### BRONCO INVITATIONAL (6K)

**Oct. 15, Santa Clara, Calif.**

**Team Finish:** 8th/188 pts.

1. Camille Campos	3rd	20:03.4
2. Montana Martinez	24th	21:13.1
3. Alli Cross	29th	21:23.6
4. Maddie Fuhrman	79th	22:06.5
5. Tristan Setzer	90th	22:23.7

### BIG WEST CHAMPIONSHIPS (6K)

**Oct. 29, Kahuku, O'ahu**

**Team Finish:** 5th/124 pts.

1. Camille Campos	7th	21:50.6
2. Montana Martinez	13th	22:26.6
3. Alli Cross	28th	23:12.7
4. Tristan Setzer	38th	23:33.9
5. Caitlyn Foss	43rd	23:46.6

### NCAA WEST REGIONAL (6K)

**Nov. 11, Sacramento, Calif.**

**Team Finish:** 25th/639 pts.

1. Camille Campos	36th	20:25.9
2. Montana Martinez	64th	21:01.9
3. Haley Beaumont	178th	22:40.2
4. Caitlyn Foss	188th	22:48.7
5. Tristan Setzer	190th	22:52.6

## INDIVIDUAL MEET-BY-MEET RESULTS

	5k	5k	6k	5k	6k	5k	6k	6k	6k
Name	BYU-Hawai'i Invitational	Big Wave Invitational	Sundodger Invitational	HPU Invitational	Capital Cross Challenge	Chaminade Invitational	Bronco Invitational	Big West Champ.	NCAA West Regional
Haley Beaumont	21:07.0	19:56.70	23:28.80	DNC	23:08.6	DNC	23:13.7	25:03.8	22:40.2
Alison Bowman	DNC	DNC	DNC	DNC	DNC	DNC	DNC	DNC	DNC
Camille Campos	18:00.0	17:48.90	21:08.80	DNC	20:44.4	DNC	20:03.4	21:50.6	20:25.9
Giovanna Casazza	20:21.0	20:55.20	DNC	20:28.0	DNC	20:36.0	23:41.1	25:26.2	DNC
Alli Cross	19:07.0	19:20.40	22:40.10	DNC	22:09.6	DNC	21:23.6	23:12.7	DNC
Caitlyn Foss	20:09.0	DNC	23:46.70	DNC	23:23.8	DNC	22:47.2	23:46.6	22:48.7
Maddie Fuhrman	19:27.0	19:40.60	22:51.00	DNC	22:42.4	DNC	22:06.5	24:14.7	23:01.7
Kai Hoshijo	20:27.0	20:39.10	24:36.10	DNC	23:49.5	DNC	24:18.7	25:30.2	DNC
Caitlyn Krueger	22:53.0	22:33.40	DNC	22:21.0	DNC	21:34.0	DNC	DNC	DNC
Montana Martinez	DNC	18:57.60	22:00.60	DNC	21:19.0	DNC	21:13.1	22:26.6	21:01.9
Piper McDonald	DNC	DNC	DNC	DNC	DNC	DNC	DNC	DNC	DNC
Tristan Setzer	19:39.0	19:40.20	23:11.60	DNC	22:38.7	DNC	22:23.7	23:33.9	22:52.6
Emily Stack	24:18.0	DNC	DNC	DNC	DNC	DNC	DNC	DNC	DNC
Paige Sullivan	22:32.0	22:44.30	DNC	23:05.0	DNC	22:44.0	DNC	DNC	DNC
Lisa Tashiro	22:14.0	DNC	DNC	DNC	DNC	21:04.0	DNC	DNC	DNC

DNC - did not compete

DNF - did not finish

\* - denotes ran as unattached

## AWARDS AND HONORS

Name	Award	Date
Camille Campos	Big West Co-Athlete of the Week	10/4/16
Camille Campos	Program Record at 6k Distance	10/5/16

# CAREER MEET-BY-MEET RESULTS

## HALEY BEAUMONT

2015	Date	Time	Finish	Dist.	Location (Meet Host)
Big Wave Invitational	9/5	19:40.66	17th	5k	Kahuku, O'ahu (UH)
Sundodger Invitational	9/19	23:16.58	67th	6k	Seattle, Wash. (UW)
#Capital Cross Challenge	10/3	18:52.4	63rd	5k	Sacramento, Calif (SSU)
Chaminade Invitational	10/10	19:20.9	9th	5k	Honolulu, O'ahu (CU)
#Bronco Invitational	10/17	22:29.9	124th	6k	Sunnyvale, Calif. (SCU)
Big West Championship	10/31	22:58.75	53rd	6k	Riverside, Calif. (UCR)
NCAA West Regional	11/13	23:36.2	193rd	6k	Seattle, Wash. (UW)

2016	Date	Time	Finish	Dist.	Location (Meet Host)
BYU-Hawai'i Invitational	8/27	21:07.0	24th	5k	La'ie, O'ahu (BYUH)
Big Wave Invitational	9/3	19:56.70	14th	5k	Kahuku, O'ahu (UH)
Sundodger Invitational	9/17	23:28.80	42nd	6k	Seattle, Wash. (UW)
Capital Cross Challenge	10/1	23:08.6	121st	6k	Sacramento, Calif. (SSU)
Big West Championship	10/29	25:03.8	63rd	6k	Kahuku, O'ahu (UH)
NCAA West Regional	11/11	22:40.2	178th	6k	Sacramento, Calif. (SSU)

## ALISON BOWMAN

2015	Date	Time	Finish	Dist.	Location (Meet Host)
Big Wave Invitational	9/5	22:02.72	49th	5k	Kahuku, O'ahu (UH)
HPU Invitational	9/12	21:37.8	27th	5k	Kahuku, O'ahu (HPU)
BYU-Hawai'i Invitational	9/26	22:43.0	19th	5k	La'ie, O'ahu (BYUH)
#Chaminade Invitational	10/10	21:31.3	24th	5k	Honolulu, O'ahu (CU)

## CAMILLE CAMPOS

2015	Date	Time	Finish	Dist.	Location (Meet Host)
Big Wave Invitational	9/5	18:31.05	3rd	5k	Kahuku, O'ahu (UH)
Sundodger Invitational	9/19	22:14.83	35th	6k	Seattle, Wash. (UW)
Capital Cross Challenge	10/3	18:04.1	29th	5k	Sacramento, Calif (SSU)
Chaminade Invitational	10/10	18:36.7	3rd	5k	Honolulu, O'ahu (CU)
Bronco Invitational	10/17	22:00.6	83rd	6k	Sunnyvale, Calif. (SCU)
Big West Championship	10/31	22:38.20	47th	6k	Riverside, Calif. (UCR)
NCAA West Regional	11/13	24:08.4	220th	6k	Seattle, Wash. (UW)

2016	Date	Time	Finish	Dist.	Location (Meet Host)
BYU-Hawai'i Invitational	8/27	18:00.0	1st	5k	La'ie, O'ahu (BYUH)
#Big Wave Invitational	9/3	17:48.90	1st	5k	Kahuku, O'ahu (UH)
Sundodger Invitational	9/17	21:08.80	10th	6k	Seattle, Wash. (UW)
Capital Cross Challenge	10/1	20:44.4	2nd	6k	Sacramento, Calif. (SSU)
#Bronco Invitational	10/15	20:03.4	3rd	6k	Sunnyvale, Calif (SCU)
Big West Championship	10/29	21:50.6	7th	6k	Kahuku, Oahu (UH)
NCAA West Regional	11/11	20:25.9	36th	6k	Sacramento, Calif. (SSU)

## GIOVANNA CASAZZA

2015	Date	Time	Finish	Dist.	Location (Meet Host)
Big Wave Invitational	9/5	20:55.51	34th	5k	Kahuku, O'ahu (UH)
HPU Invitational	9/12	20:53.7	23rd	5k	Kahuku, O'ahu (HPU)

2016	Date	Time	Finish	Dist.	Location (Meet Host)
#BYU-Hawai'i Invitational	8/27	20:21.0	13th	5k	La'ie, O'ahu (BYUH)
Big Wave Invitational	9/3	20:55.20	30th	5k	Kahuku, O'ahu (UH)
HPU Invitational	9/24	20:28.0	10th	5k	Kahuku, O'ahu (HPU)
Chaminade Invitational	10/8	20:36.0	15th	5k	Honolulu, O'ahu (CU)
#Bronco Invitational	10/15	23:41.1	144th	6k	Sunnyvale, Calif. (SCU)
Big West Championship	10/29	25:26.2	64th	6k	Kahuku, O'ahu (UH)

## ALLI CROSS

2015	Date	Time	Finish	Dist.	Location (Meet Host)
Big Wave Invitational	9/5	19:11.02	8th	5k	Kahuku, O'ahu (UH)
Sundodger Invitational	9/19	22:36.72	49th	6k	Seattle, Wash. (UW)
#Capital Cross Challenge	10/3	17:44.7	18th	5k	Sacramento, Calif (SSU)
Bronco Invitational	10/17	22:00.9	84th	6k	Sunnyvale, Calif. (SCU)
Big West Championship	10/31	22:10.74	37th	6k	Riverside, Calif. (UCR)
NCAA West Regional	11/13	23:17.4	175th	6k	Seattle, Wash. (UW)

(Continued in Next Column)

# - denotes best performance at distance

2016	Date	Time	Finish	Dist.	Location (Meet Host)
BYU-Hawai'i Invitational	8/27	19:07.0	2nd	5k	La'ie, O'ahu (BYUH)
Big Wave Invitational	9/3	19:20.40	7th	5k	Kahuku, O'ahu (UH)
Sundodger Invitational	9/17	22:40.10	29th	6k	Seattle, Wash. (UW)
Capital Cross Challenge	10/1	22:09.6	73rd	6k	Sacramento, Calif. (SSU)
#Bronco Invitational	10/15	21:23.6	29th	6k	Sunnyvale, Calif. (SCU)
Big West Championship	10/29	23:12.7	28th	6k	Kahuku, O'ahu (UH)

## CAITLYN FOSS

2013	Date	Time	Finish	Dist.	Location (Meet Host)
Stanford Invitational	9/28	24:26	78th	6k	Stanford, Calif. (Stanford)
UH-Hilo Invitational	10/21	20:12	5th	5k	Hilo, Hawai'i (UH-Hilo)
Bronco Invitational	10/19	22:52.4	159th	6k	Sunnyvale, CA (Santa Clara)
Big West Championship	11/2	25:37.6	61st	6k	S.L. Obispo, CA (Cal Poly)

2014	Date	Time	Finish	Dist.	Location (Meet Host)
BYU-Hawai'i Invite	9/20	21:10	18th	5k	La'ie, O'ahu (BYUH)
Stanford Invite	9/27	25:50	138th	6k	Stanford, Calif. (Stanford)
Chaminade Invitational	10/11	20:42	14th	5k	Waipio, O'ahu (Chaminade)
Bronco Invitational	10/18	23:56.6	46th	6k	Sunnyvale, CA (Santa Clara)
Big West Championship	11/2	24:09.6	63rd	6k	Riverside, CA (Riverside)

2015	Date	Time	Finish	Dist.	Location (Meet Host)
Big Wave Invitational	9/5	20:00.66	21st	5k	Kahuku, O'ahu (UH)
Sundodger Invitational	9/19	23:45.71	74th	6k	Seattle, Wash. (UW)
#Capital Cross Challenge	10/3	18:34.1	50th	5k	Sacramento, Calif (SSU)
Chaminade Invitational	10/10	19:08.1	6th	5k	Honolulu, O'ahu (CU)
#Bronco Invitational	10/17	22:24.9	118th	6k	Sunnyvale, Calif. (SCU)
Big West Championship	10/31	22:49.14	50th	6k	Riverside, Calif. (UCR)
NCAA West Regional	11/13	23:54.6	210th	6k	Seattle, Wash. (UW)

2016	Date	Time	Finish	Dist.	Location (Meet Host)
BYU-Hawai'i Invitational	8/27	20:09.0	9th	5k	La'ie, O'ahu (BYUH)
Sundodger Invitational	9/17	23:46.70	45th	6k	Seattle, Wash. (UW)
Capital Cross Challenge	10/1	23:23.8	131st	6k	Sacramento, Calif. (SSU)
Bronco Invitational	10/15	22:47.2	107th	6k	Sunnyvale, Calif. (SCU)
Big West Championship	10/29	23:46.6	43rd	6k	Kahuku, O'ahu (UH)
NCAA West Regional	11/11	22:48.7	188th	6k	Sacramento, Calif. (SSU)

## MADDIE FUHRMAN

2016	Date	Time	Finish	Dist.	Location (Meet Host)
#BYU-Hawai'i Invitational	8/27	19:27.0	4th	5k	La'ie, O'ahu (BYUH)
Big Wave Invitational	9/3	19:40.60	12th	5k	Kahuku, O'ahu (UH)
Sundodger Invitational	9/17	22:51.00	34th	6k	Seattle, Wash. (UW)
Capital Cross Challenge	10/1	22:42.4	103rd	6k	Sacramento, Calif. (SSU)
#Bronco Invitational	10/15	22:06.5	79th	6k	Sunnyvale, Calif. (SCU)
Big West Championship	10/29	24:14.7	51st	6k	Kahuku, O'ahu (UH)
NCAA West Regional	11/11	23:01.7	195th	6k	Sacramento, Calif. (SSU)

## KAI HOSHIJO

2016	Date	Time	Finish	Dist.	Location (Meet Host)
#BYU-Hawai'i Invite	8/27	20:27.0	14th	5k	La'ie, O'ahu (BYUH)
Big Wave Invitational	9/3	20:39.10	27th	5k	Kahuku, O'ahu (UH)
Sundodger Invitational	9/17	24:36.10	53rd	6k	Seattle, Wash. (UW)
#Capital Cross Challenge	10/1	23:49.5	148th	6k	Sacramento, Calif. (SSU)
Bronco Invitational	10/15	24:18.7	159th	6k	Sunnyvale, Calif. (SCU)
Big West Championship	10/29	25:30.2	65th	6k	Kahuku, O'ahu (UH)

## CAITLYN KRUEGER

2016	Date	Time	Finish	Dist.	Location (Meet Host)
BYU-Hawai'i Invitational	8/27	22:53.0	34th	5k	La'ie, O'ahu (BYUH)
Big Wave Invitational	9/3	22:33.40	37th	5k	Kahuku, O'ahu (UH)
HPU Invitational	9/24	22:21.0	21st	5k	Kahuku, O'ahu (HPU)
#Chaminade Invitational	10/8	21:34.0	21st	5k	Honolulu, O'ahu (CU)

# - denotes best performance at distance

# CAREER MEET-BY-MEET RESULTS

## MONTANA MARTINEZ

2014	Date	Time	Finish	Dist.	Location (Meet Host)
Big Wave Invitational	9/6	21:09.30	19th	5k	Kane'ohe, O'ahu (UH)
UC Riverside Invite	9/13	23:35.7	121st	6k	Riverside, Calif. (UCR)
BYU-Hawaii Invite	9/20	20:12	12th	5k	La'ie, O'ahu (BYUH)
Stanford Invite	9/27	24:31	121st	6k	Stanford, Calif. (Stanford)
Chaminade Invitational	10/11	19:30	7th	5k	Waip'o, O'ahu (Chaminade)
Bronco Invitational	10/18	23:20.4	19th	6k	Sunnyvale, CA (Santa Clara)
Big West Championship	11/2	22:35.8	41st	6k	Riverside, CA (Riverside)
NCAA West Regional	11/14	23:14.7	175th	6k	Palo Alto, CA (Stanford)

2015	Date	Time	Finish	Dist.	Location (Meet Host)
Big Wave Invitational	9/5	19:06.09	8th	5k	Kahuku, O'ahu (UH)
Sundodger Invitational	9/19	22:52.67	57th	6k	Seattle, Wash. (UW)
#Capital Cross Challenge	10/3	17:57.3	23rd	5k	Sacramento, Calif (SSU)
Chaminade Invitational	10/10	18:23.4	2nd	5k	Honolulu, O'ahu (CU)
Bronco Invitational	10/17	21:26.7	40th	6k	Sunnyvale, Calif. (SCU)
Big West Championship	10/31	21:36.72	22nd	6k	Riverside, Calif. (UCR)
NCAA West Regional	11/13	23:25.2	182nd	6k	Seattle, Wash. (UW)

2016	Date	Time	Finish	Dist.	Location (Meet Host)
Big Wave Invitational	9/3	18:57.60	6th	5k	Kahuku, O'ahu (UH)
Sundodger Invitational	9/17	22:00.60	15th	6k	Seattle, Wash. (UW)
Capital Cross Challenge	10/1	21:19.0	20th	6k	Sacramento, Calif. (SSU)
Bronco Invitational	10/15	21:13.1	24th	6k	Sunnyvale, Calif. (SCU)
Big West Championship	10/29	22:26.6	13th	6k	Kahuku, O'ahu (UH)
#NCAA West Regional	11/11	21:01.9	64th	6k	Sacramento, Calif. (SSU)

## PIPER McDONALD

2015	Date	Time	Finish	Dist.	Location (Meet Host)
Big Wave Invitational	9/5	19:04.67	5th	5k	Kahuku, O'ahu (UH)
Sundodger Invitational	9/19	22:33.10	44th	6k	Seattle, Wash. (UW)
#Capital Cross Challenge	10/3	18:44.1	56th	5k	Sacramento, Calif (SSU)
#Bronco Invitational	10/17	22:29.9	124th	6k	Sunnyvale, Calif. (SCU)

## TRISTAN SETZER

2015	Date	Time	Finish	Dist.	Location (Meet Host)
Big Wave Invitational	9/5	20:19.67	23rd	5k	Kahuku, O'ahu (UH)
Sundodger Invitational	9/19	24:08.58	81st	6k	Seattle, Wash. (UW)
BYU-Hawaii Invitational	9/26	21:32.0	14th	5k	La'ie, O'ahu (BYUH)
Chaminade Invitational	10/10	20:02.7	14th	5k	Honolulu, O'ahu (CU)
Bronco Invitational	10/17	23:38.9	165th	6k	Sunnyvale, Calif. (SCU)
Big West Championship	10/31	23:48.63	64th	6k	Riverside, Calif. (UCR)
NCAA West Regional	11/13	24:38.1	230th	6k	Seattle, Wash. (UW)

2016	Date	Time	Finish	Dist.	Location (Meet Host)
#BYU-Hawaii Invitational	8/27	19:39.0	5th	5k	La'ie, O'ahu (BYUH)
Big Wave Invitational	9/3	19:40.20	11th	5k	Kahuku, O'ahu (UH)
Sundodger Invitational	9/17	23:11.60	40th	6k	Seattle, Wash. (UW)
Capital Cross Challenge	10/1	22:38.7	99th	6k	Sacramento, Calif. (SSU)
#Bronco Invitational	10/15	22:23.7	90th	6k	Sunnyvale, Calif. (SCU)
Big West Championship	10/29	23:33.9	38th	6k	Kahuku, O'ahu (UH)
NCAA West Regional	11/11	22:52.6	190th	6k	Sacramento, Calif. (SSU)

## EMILY STACK

2014	Date	Time	Finish	Dist.	Location (Meet Host)
Big Wave Invitational	9/6	25:19.50	40th	5k	Kane'ohe, O'ahu (UH)
BYU-Hawaii Invite	9/20	24:20	34th	5k	La'ie, O'ahu (BYUH)

2015	Date	Time	Finish	Dist.	Location (Meet Host)
Big Wave Invitational	9/5	24:34.73	63rd	5k	Kahuku, O'ahu (UH)
HPU Invitational	9/12	24:00.8	36th	5k	Kahuku, O'ahu (HPU)
#BYU-Hawaii Invitational	9/26	23:15.0	28th	5k	La'ie, O'ahu (BYUH)
Chaminade Invitational	10/10	23:32.7	33rd	5k	Honolulu, O'ahu (CU)

(Continued in Next Column)

# - denotes best performance at distance

2016	Date	Time	Finish	Dist.	Location (Meet Host)
BYU-Hawaii Invitational	8/27	24:18.0	37th	5k	La'ie, O'ahu (BYUH)

## PAIGE SULLIVAN

2015	Date	Time	Finish	Dist.	Location (Meet Host)
Big Wave Invitational	9/5	23:06.33	56th	5k	Kahuku, O'ahu (UH)
HPU Invitational	9/12	21:47.3	29th	5k	Kahuku, O'ahu (HPU)
BYU-Hawaii Invitational	9/26	23:15.0	23rd	5k	La'ie, O'ahu (BYUH)
Chaminade Invitational	10/10	21:44.6	27th	5k	Honolulu, O'ahu (CU)

2016	Date	Time	Finish	Dist.	Location (Meet Host)
#BYU-Hawaii Invitational	8/27	21:07.0	32nd	5k	La'ie, O'ahu (BYUH)
Big Wave Invitational	9/3	22:44.30	38th	5k	Kahuku, O'ahu (UH)
HPU Invitational	9/24	23:05.0	25th	5k	Kahuku, O'ahu (HPU)
Chaminade Invitational	10/10	22:44.0	25th	5k	Honolulu, O'ahu (CU)

## LISA TASHIRO

BYU-Hawaii Invitational	8/27	22:14.0	29th	5k	La'ie, O'ahu (BYUH)
#Chaminade Invitational	10/8	21:04.0	18th	5k	Honolulu, O'ahu (CU)

# - denotes best performance at distance

\* - denotes ran as unattached

DNF - indicates did not finish